

Comprehensive Program Review Report



Program Review - Physical Education

Program Summary

2023-2024

Prepared by: Ally Briano

What are the strengths of your area?: Our PEAC Courses continue to be taught about exercise safety, heart rate, and also how nutrition plays a role in a healthy lifestyle. We offer intro level courses to our general student population, but many of these intro courses are taught by our Head Coaches in their respective sports, so our general students are gaining exposure to high level coaching, and in return, the coaches gain an opportunity to revisit their basic technique instruction, and every once in a great while, in a PEAC course, we will discover a general ed student who should have been place on a sports team, and recruit them. It is exciting to be able to offer opportunities for our general ed students to get their exercise in while they are at school, doing high level activities they would otherwise not have exposure to.

Our students leave the program with skills that allow them to continue working out and passing on their knowledge to their friends, family, and future generations to discourage sedentary lifestyles and embrace healthy living. In general, we have seen tremendous student success, great attendance, and improving resource efficiency.

What improvements are needed?: Currently, the only improvements we are seeking were written into the Intercollegiate Program Review as Actions and Resource Requests. We are asking for:

- a. a renovation of the Womens Swim Locker Room for health and safety purposes. (\$20,000).

Our FTE's are up 2 percent this year. However, in spite of our growing the FTES population, our success rate is still down by 2%, in comparison to the pre-Covid years, which means we need to put all our attention on creativity in order to retain the athletes and students who enroll.

Describe any external opportunities or challenges.: We are still working hard to boost student enrollment and engagement in some of our courses. We lost about 10% of our FTE's due to the Covid shutdowns, but we are climbing back and are only down by 2% in comparison to our pre-Covid enrollment numbers.

Overall SLO Achievement: The SLOs are being achieved in the PEAC program.

Changes Based on SLO Achievement: None.

Overall PLO Achievement:

Changes Based on PLO Achievement:

Outcome cycle evaluation: Our PEAC courses continue to fill, and we are working to retain all students with good grades from start to finish each semester.

Action: Address Equity Issue & Safety Hazards in Women's Swim Locker Room

Renovate Women's Swim Locker Room located in Potwisha.

Leave Blank:

Implementation Timeline: 2023 - 2024

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Identify related course/program outcomes:

Person(s) Responsible (Name and Position): Ally Briano, Head Swim Coach

Rationale (With supporting data): This action would help address academic/athletic quality and student success by addressing

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the health and safety of our womens locker room for swim students and swim team members. Currently, the bathroom has two small stalls, neither of which accomodates a person of larger size because they are both so tiny, and the toilets are both so low. Even a student who weighs 150 pounds has trouble getting in, turning around, and sitting down because the stalls are both so tiny and inaccessible. In comparison with the mens locker room which has many more stalls of larger size, this is an equity issue that needs to be addressed. Womens sports is now promoted equally to mens sports, unlike in the 1960's and 1970's, and our locker rooms do not reflect the times we are living in. In addition, there is no accessibility for handicapped women and no toilet they can use because of the tiny stall size.

In addition, the locker room itself is poorly ventilated, moldy, and smells of sewer. We are not asking for a luxury makeover, but instead a renovation that will provide equitable access to students of all ages, sizes, and abilities, and clean conditions for students to shower and change in.

Priority: High

Safety Issue: Yes

External Mandate: No

Safety/Mandate Explanation: The locker room floors are slippery and slimy due to poor ventilation, and provide a slipping hazard. In addition, there is no access to toilets of a reasonable height or bathroom stalls of a reasonable size. They are impossible to turn around in, and are unsafe and inaccessible for disabled students.

Resources Description

Facilities - Renovation of Women's Swim Locker Room with Equity and Safety/Cleanliness in Mind (Active)

Why is this resource required for this action?: In order to renovate this locker room, funding will be required, according to the College of the Sequoias Resource Allocation Manual.

Notes (optional):

Cost of Request (Nothing will be funded over the amount listed.): 20000

Link Actions to District Objectives

District Objectives: 2021-2025

District Objective 1.1 - The District will increase FTES 2% from 2021 to 2025.

District Objective 3.1 - Reduce equity gaps in course success rates across all departments by 40% from 2021-2025.

District Objective 3.2 - Increase the course success rate by 10% for each disproportionately impacted student group in their transfer level Quantitative Reasoning and English courses by the end of their first year from 2021-2025.